

Biblical Soul Care *Abounding in Hope*

February 19, 2023

Objective: Romans 15:13 May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

1. What are some common definitions of hope as used by the world?
2. What are common “hopes” in which people often place their faith/hope?
3. Describe the state of the person (anybody) placing their hope in something other than the God of Hope?
4. In what ways does the Gospel give hope?
5. Biblical definition of hope:

The Holman Bible Dictionary defines our **blessed hope** as...

"Trustful expectation, particularly with reference to the fulfillment of God's promises. Biblical **hope** is the anticipation of a favorable outcome under God's guidance. More specifically, **hope** is the confidence that what God has done for us in the past guarantees our participation in what God will do in the future. This contrasts to the world's definition of **hope** as "a feeling that what is wanted will happen." Understood in this way, **hope** can denote either a baseless optimism or a vague yearning after an unattainable good. If **hope** is to be genuine **hope**, however, it must be founded on something (or someone)

which affords reasonable grounds for confidence in its fulfillment. The Bible bases its **hope** in God and His saving acts."

6. Soul check → Are you "abounding in hope"? If not, what keeps that from being your experience? If yes, how has flourishing/abundant hope. . . . *affected your living?*

7. Source and object of hope:

Romans 15:13

2 Thessalonians 2:16

1 Peter 1:3-5

Romans 11:36

Romans 15:4

Hebrews 6:18-20

Psalms 42:5, 11 and Psalm 43:5

8. Hope is a person:

1 Timothy 1:1

Titus 2:13

Colossians 1:27

Romans 15:12

9. Scriptural examples of believers living out hope:

Jeremiah – Lamentations 3:17-26

David- Psalm 38:15, 39:7

Saints of old- Hebrews 11

10. The fruit of biblical hope:

Joy- Romans 12:12

Love- Colossians 1:3-8

Boldness- 2 Corinthians 3:12

Endurance- 1 Thessalonians 1:2-3, Hebrews 10:23, Romans 8:24-25

Sanctification- 1 John 3:2-3

11. Strengthening hope: How do we abound in hope?

Romans 12:12, Romans 15:13

Ephesians 2:11-13

1 Thessalonians 5:8

Old and New Testament references:

Ruth 1:12; 1 Chr. 29:15; Ezr. 10:2; Job 4:6; Job 5:16; Job 7:6; Job 8:13; Job 11:18; Job 11:20; Job 13:15; Job 14:7; Job 14:19; Job 17:15; Job 19:10; Job 27:8; Ps. 9:18; Ps. 31:24; Ps. 33:17; Ps. 33:18; Ps. 38:15; Ps. 39:7; Ps. 42:5; Ps. 42:11; Ps. 43:5; Ps. 62:5; Ps. 62:10; Ps. 71:5; Ps. 71:14; Ps. 119:49; Ps. 119:116; Ps. 119:166; Ps. 130:5; Ps. 130:7; Ps. 131:3; Ps. 146:5; Prov. 10:28; Prov. 11:7; Prov. 13:12; Prov. 19:18; Prov. 23:18; Prov. 24:14; Prov. 26:12; Prov. 29:20; Eccl. 9:4; Isa. 20:5; Isa. 20:6; Isa. 38:18; Isa. 59:9; Isa. 59:11; Jer. 14:8; Jer. 14:22; Jer. 17:13; Jer. 29:11; Jer. 31:17; Jer. 50:7; Lam. 3:18; Lam. 3:21; Lam. 3:24; Lam. 3:29; Ezek. 13:6; Ezek. 19:5; Ezek. 37:11; Hos. 2:15; Zech. 9:12; Matt. 12:21; Jn. 5:45; Acts 2:26; Acts 16:19; Acts 23:6; Acts 24:15; Acts 26:6; Acts 26:7; Acts 27:20; Acts 28:20; Rom. 4:18; Rom. 5:2; Rom. 5:4; Rom. 5:5; Rom. 8:20; Rom. 8:24; Rom. 8:25; Rom. 12:12; Rom. 15:4; Rom. 15:12; Rom. 15:13; Rom. 15:24; 1 Co. 9:10; 1 Co. 13:13; 1 Co. 16:7; 2 Co. 1:7; 2 Co. 1:10; 2 Co. 1:13; 2 Co. 3:12; 2 Co. 5:11; 2 Co. 10:15; Gal. 5:5; Eph. 1:12; Eph. 1:18; Eph. 2:12; Eph. 4:4; Phil. 1:20; Phil. 2:19; Phil. 2:23; Col. 1:5; Col. 1:23; Col. 1:27; 1 Thess. 1:3; 1 Thess. 2:19; 1 Thess. 4:13; 1 Thess. 5:8; 2 Thess. 2:16; 1 Tim. 1:1; 1 Tim. 4:10; 1 Tim. 5:5; 1 Tim. 6:17; Tit. 1:2; Tit. 2:13; Tit. 3:7; Phlm. 1:22; Heb. 3:6; Heb. 6:11; Heb. 6:18; Heb. 6:19; Heb. 7:19; Heb. 10:23; 1 Pet. 1:3; 1 Pet. 1:13; 1 Pet. 1:21; 1 Pet. 3:15; 1 Jn. 3:3; 2 Jn. 1:12; 3 Jn. 1:14

Songs of hope:

Amazing Grace: The Lord has promised good to me, His Word my hope secures

In Christ Alone: In Christ alone my hope is found

Quotes on Hope:

The nature of hope is to expect that which faith believes. Sibbes

These things were written so that we might not fall away, for we have many battles to fight, both inward and outward. But being comforted by the Scriptures we can exhibit patience, so that by living in patience we might dwell in hope. For these things produce one another—hope brings forth patience, and patience, hope. Chrysostom

C H Spurgeon

Three graces should be always conspicuous in Christians **faith, love, and hope**... These lovely graces should be so conspicuous in every believer as to be spoken of and consequently heard of even by those who have never seen us. These flowers should yield so sweet a perfume that their fragrance may be perceived by those who have never gazed upon them. So was it with the saints at Colossae... May our characters be such as can be reported of without causing us to blush, but that can never be the case if these essential virtues are absent. If these things are in us and abound, we shall not be barren or unfruitful, but if they are lacking, we are as withered branches. We should therefore be rich in **faith** which is the root of every grace; to this end we should daily pray, "Lord, increase our faith." We should strive to be full even to overflowing with **love** which is of God and makes us like to God; we should also abound in **hope**, even that heavenly hope which causes a man to purify himself in readiness for the inheritance above. See to it that neither of these three divine sisters are strangers to your souls, but let faith, hope, and love take up their abode in your hearts... Our **hope** too upon which we are to speak this morning is special, because it is a **hope** which is laid up for us in heaven, a **hope** therefore which the worldling cares not one whit about. He "hopes" that tomorrow may be as this day and yet more abundant, but he cares nothing for the land where time has ceased to flow. He hopes for riches or he hopes for fame; he hopes for long life and prosperity; he hopes for pleasure and domestic peace; the whole range of his hope is within the compass of his eye. But our hope has passed beyond the sphere of sight, according to the word of the apostle, "What a man seeth, why doth he yet hope for? But if we hope for that we see not, then do we with patience wait for it." Ours is a hope which demands nothing of time or earth but seeks its all in the world to come. It is of this hope that we are about to speak. May the Holy Spirit lead us into a profitable meditation upon it... Is not this surpassing bliss? Said I not well when I declared that ours is a marvelous hope? Had I eloquence and could pile on goodly words and could a poet assist me with his sweetest song to tell of the bliss and joy of the eternal world, yet must preacher and poet both confess their inability to describe the glory to be revealed in us. The noblest intellect and the sweetest speech could not convey to you so much as a thousandth part of the bliss of heaven. There I leave the first head. It is a very **marvelous hope**.